

## **Curriculum Vitae Lorraine Spring-Taylor**

### **Workshops**

- Reconnect to Nature
- The 5 Elements- The 5 phases of Nature in us
- Find your purpose in life
- Meet your 5 inner characters
- What we can learn from traditional methods for our modern world

### **Education**

- Diploma in Adult Education Switzerland
- Feng Shui studies with William Spear
- Traditional Chinese Medicine Diploma, Giovanni Maciocia. et.al. London, UK
- Bachelor of Acupuncture Degree, College of Traditional Chinese, Acupuncture, UK
- Postgraduate studies in Classical Chinese, Oxford University
- Diploma Social Sciences, Oxford University
- Yoga teacher Diploma, Oxford
- State Registered Nurse, London, UK

### **Further Studies 2016-**

- Theory U- Schumacher College, UK
- Social Presencing Theater, Master course, Arawana Hayashi
- Gross National Happiness Index (Bhutan) Dr. Tho Ha Vinh, et. al. HumansandNature.org
- Constellations and Systems Coaching Levels 1-3 with Jenny Mackewn

### **Teaching experience**

- 5 Element Workshops, Bern, Switzerland 1988 – to date
- 5 Element-Types coaching for groups and businesses. UK, and Switzerland 2010 – to date
- Clinical Intervision, Bern, Zürich, Winterthur 2000-2019
- Tutor, 5 Element Diploma course, ChiWay, Winterthur, Switzerland 2013-2016

**Languages:**

English mother tongue

German fluent

Spanish Intermediate

**Proficient in MS Office**